

生於憂患死於安樂

sen^Y rhi rhiu^Y fam^Y si^Y rhi on^Y log

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年代：戰國時期

孟子

孟子曰：舜發於畎畝之中，傅

men^Y zii^Y rhied^Y shun^Y fad^Y rhi kien^Y meu^Y zii^Y chung^Y fu^Y

說舉於版築之間，膠鬲舉於魚鹽

rhied^Y gi^Y rhi ban^Y zhug^Y zii^Y gien^Y gau^Y gag^Y gi^Y rhi ng rhiam

之中，管夷吾舉於士，孫叔敖舉

zii^Y chung^Y guan^Y rhi ng gi^Y rhi sii^Y sun^Y shug^Y ngau^Y gi^Y

於海，百里奚舉於市。故天將降

rhi hoi^Y bag^Y li^Y hi^Y gi^Y rhi shi^Y gu^Y tien^Y ziong^Y gong^Y

大任於斯人也，必先苦其心志，

tai^Y rhim^Y rhi sii^Y ngin rhia^Y bid^Y sien^Y ku^Y ki sim^Y zhi^Y

勞其筋骨，餓其體膚，空乏其身，

lo ki gin^Y gud^Y ngo^Y ki ti^Y fu^Y kung^Y fad^Y ki shin^Y

行拂亂其所為，所以動心忍性，

hang fid lon^Y ki so^Y vui so^Y rhi^Y tung^Y sim^Y ngiun^Y sin^Y

曾益其所不能。

zen^Y rhid^Y ki so^Y bud^Y nen

人恆過，然後能改；困於心，

ngin fen go^Y rhien heu^Y nen goi^Y kun^Y rhi sim^Y

衡於慮，而後作；徵於色，發

fen rhi li^Y rhi heu^Y zog^Y zhin^Y rhi sed^Y fad^Y

於聲，而後喻。入則無法家拂

rhi shang^Y rhi heu^Y rhi^Y ngib zed^Y vu fab^Y ga^Y fid

士，出則無敵國外患者，國恆

sii^Y chud^Y zed^Y vu tid gued^Y nguai^Y fam^Y zha^Y gued^Y hen

亡。然後知生於憂患，而死於

mong rhien heu^Y di^Y sen^Y rhi rhiu^Y fam^Y rhi si^Y rhi

安樂也。

on^Y log rhia^Y